

Moving From Toxic Stress to Resilience

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This interactive session will examine how students from toxic stress environments, such as families with addiction, exhibit dysregulation in classrooms and schools. The classic work of Claudia Black and Janet Woititz will be blended with videos and contemporary neuroscience to examine how and why family issues present in the classroom and how educators can identify and address these concerns in a trauma-informed manner. Practical school and classroom interventions will be presented and discussed. Information on adverse childhood experiences and the relationship to toxic stress environments, particularly rules, roles and patterns, will be examined and content will be cognitively and emotionally impactful. The student / educator connection and system structure will be discussed.

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